



Vienna, Summer 2026

*Dear friends
of Hand in Hand!*

In this summer issue of our newsletter, we'd like to tell you about the dedicated work of our Health Centres, the Hariharananda Charitable Health Centres (HCHCs) – and about the opening of our sixth HCHC. Your donations have made this – and so much more – possible.

Thanks to your support, children at Balashram, residents of surrounding villages, and people in need across Jagatpur (Cuttack District), Balighai (Puri District), Bhishindipur (West Medinipur District), Arua (Kendrapada District), and Athagarh (Cuttack District) receive vital medical care today. In several of these Health Centres, this care has been provided continuously for more than 20 years.

Since November 2025, this vision has also become a reality in Habibpur – the birthplace and childhood home of Paramahansa Hariharananda. His life, teachings and vision continue to inspire the humanitarian work of HAND IN HAND and its local partner, PRAJNANA MISSION. Through the new Village Health Project, the village residents now have access to weekly homeopathic care.



*From a Small Garage to a
Modern Day Clinic*



*What began 26 years ago in Cuttack
with just two doctors has developed into
six Hariharananda Charitable Health
Centres, supported by more than
40 dedicated doctors.
Since then, more than two million
people have received medical
care at the HCHCs.*





Since November 2025, the people of Habibpur– the birthplace and childhood home of Paramahansa Hariharananda– have had regular access to homeopathic medical care for the first time through the new HCHC. We are especially delighted to celebrate the opening of this sixth HCHC.

Finding qualified doctors for our rural health projects is often a challenge – especially when they are volunteering their time and expertise. Yet, despite these challenges, the HCHCs continue to grow – thank God!

From humble beginnings in a small garage in Cuttack with just two volunteer doctors, our first Health Centre has gone on to provide medical care to **more than two million people – 2,080,101** to date. Today, around 40 doctors, together with many staff members, are working across the six health centres – most of them on a voluntary basis. They provide free treatment to the elderly, their children, and their grandchildren – families who, just 25 years ago, had no hope of receiving medical care.

Can you imagine living with a diabetic foot ulcer, injuries from an accident, unbearable toothache, or a serious infection – without access to a doctor or the means to pay for the treatment and medication you need? For many people in Odisha, this is their painful reality.



The gratitude of the patients is reflected in the smiles of the staff at the HCHCs. Their guiding principle is: "Service to Mankind is Service to God."

Nothing is more heartbreaking than seeing people suffer and being unable to help. That is why everyone at the HCHCs works tirelessly to find ever better ways to help people. The need seems endless. **And yet, it is the smiling faces** of those who have been helped that continually give the doctors and all staff members renewed strength. For them, the ability to help those in need is a true blessing and a way of living the guiding principle: “Service to Mankind is Service to God.”

Today, the HCHCs provide medical care to about 200 to 300 patients daily, about 100 of whom are treated in Jagatpur alone. From managing chronic diseases like diabetes and high blood pressure to providing wound care and minor surgeries, these essential services form a vital part of the centre’s daily work. With the dental and physical therapy facilities operating at full capacity, expansion plans are already in progress to meet the growing demand.



Today, the HCHCs provide medical care to approximately 200 to 300 patients every day, around 100 of them at the Jagatpur Health Centre alone.

Because of your generous support, the HCHC in Jagatpur – our largest Health Centre – has significantly enhanced its diagnostic capabilities in recent months. This progress is making an essential difference by enabling earlier detection and treatment of a wide range of diseases. Health means far more than simply the absence of illness. It means having the ability to work, care for one’s children, and take steps toward escaping poverty.

Dear friends of HAND IN HAND, every person we are able to help makes a difference. **A single person who has been healed can have a far-reaching impact.** With every treatment, new hope begins – not only for the patients and their families, but I firmly believe, also within ourselves. For this, I thank you from the bottom of my heart.

Together, HAND IN HAND, we are creating a healthier future for all.

*Thank you for being part
of this journey.*

Yours, Peter van Breukelen





*One drop can make
a difference!*

Please make that difference with just 2 euros a day for the Balashram children!
Give children from the poorest backgrounds a new chance in life.

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